

Keeping In Touch During our Closure Period

Art competition

We launched our Art Competition last week and had lots of beautiful entries. We asked our facebook family to vote for the pictures they wanted to win by leaving a love heart and you did. The winners were announced on Monday on the Goldhay Arts facebook page and we will be sending out a prize for our 3 winners. A huge 'Well Done' to our winners. Stay tuned for our next competition.

**1st Place
By Alex**



**2nd Place
By Laura M**



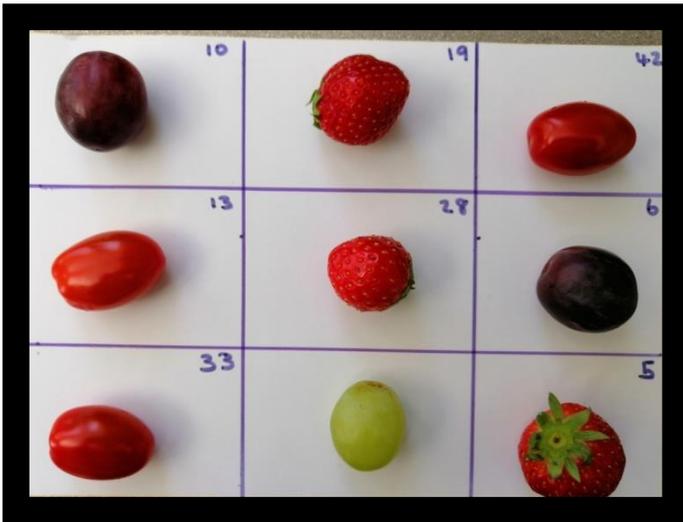
**3rd Place
By Daria**



Our Weekly Coffee Morning

Next week's Zoom Coffee Morning will be fancy dress (wear anything you like from your fancy dress costume box) and we will be playing bingo with a difference. Below are two examples of bingo cards you need to make at home. For those on a healthy eating plan use items such as grapes, cubes of cheese, strawberries, cherry tomatoes or whatever you fancy and for those

wanting more of a treat, why not use chocolates. Numbers will be from 1 - 42 on a 3 x 3 grid. If your numbers are called, you eat the treats on your numbered squares!



How to join the coffee morning.....

Join our Zoom Coffee Morning every Monday at 11am

<https://us02web.zoom.us/j/82351220416?pwd=ZStwK0pSSlo1U212Z3lmcDVKL0wrzd09>

Meeting ID: 823 5122 0416

Password: 043672

Activities you can access.....



Mencap have launched "**Mencap TV**". It is a new TV channel broadcasting on YouTube every day.

They cover topics like cooking, exercise movies at home, arts and crafts for people with learning disabilities, please see link below

https://www.youtube.com/results?search_query=mencap+tv

Things you can do to stay happy while social distancing.....



There are lots of things I can do to stay happy when I am social distancing:



call my friends



FaceTime my friends



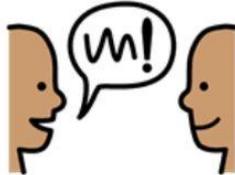
draw a picture for my friends



read or listen to a story



watch my favourite film



talk to my adults/carers



help around the house



dance to music



bake at home



go in the garden



do an exercise video from YouTube



sing my favourite song

An activity below to keep you going.... Please remember to share your answer if you have completed it by our next coffee morning.

We look forward to seeing you soon!

Favorite things simple words

U	O	G	N	I	K	O	O	C	I	N	E	R	B
L	A	U	G	H	O	U	T	L	O	U	D	O	A
U	N	E	Z	O	R	F	R	C	R	N	N	D	R
U	B	I	C	P	R	O	U	D	I	O	E	N	B
N	E	L	P	R	U	P	M	U	S	I	C	B	I
D	G	C	E	A	K	C	N	A	C	L	E	E	E
E	G	H	S	C	C	C	C	O	N	T	L	A	T
R	N	I	E	A	G	L	L	B	I	R	D	C	B
S	I	C	N	P	G	A	H	G	I	H	F	H	G
E	P	K	G	U	O	U	N	I	C	O	R	N	E
A	E	E	O	U	A	R	E	B	L	O	U	N	U
G	E	N	L	L	T	E	U	N	N	Z	I	B	C
U	L	L	O	E	I	G	D	U	B	T	T	T	U
B	S	E	B	N	E	O	W	O	B	N	I	A	R

UNICORN
 LAUGH OUT LOUD
 PROUD
 PURPLE
 GOAT
 BEACH
 SLEEPING
 BARBIE
 BIRD
 COOKING
 BUDGIE
 RAINBOW
 FROZEN
 UNDERSEA
 BOLOGNESE
 FRUIT
 COLA
 CHICKEN
 MUSIC
 LION



