

April 2021 - Weekly Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Timing	Activities - Peterborough				
10 - 11	Social Hour	Dance (also available via Zoom)	Dance	Arts	Access
11 - 12	Seated Exercise (also available via Zoom)	Dance	Dance (also available via Zoom)	Arts	Access
12 noon - 1 pm Lunch					
1 – 2	Singing (also available via Zoom)	Drama (also available via Zoom)	Drumming - (1.30-2)	Arts	Access
2 - 3	Singing	Drama	Drumming (also available via Zoom)	Arts	Access

For more information please contact the Goldhay Arts office on 01733 262442, email info@goldhayarts.co.uk or visit our website at www.goldhayarts.co.uk